



Ouachita Hills College

Student Handbook

Fall 2026-Spring 2028

Ouachita Hills College has received a Letter of Exemption from Certification issued by the Arkansas Division of Higher Education to offer non-academic or church-related training courses and degrees.

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Welcome to Ouachita Hills College



Foundations of True Education

Mission Statement

Ouachita Hills College seeks through God's plan for education to nurture each student's relationship with God and to equip them to teach, preach, and reach the world with the everlasting gospel of Jesus Christ.

Vision Statement

Ouachita Hills College envisions students empowered by Christ-centered true education.

Our students will:

- *cultivate a dynamic and supportive community where every student is inspired to become a missionary*
- *be equipped with the character and skills to serve joyfully and effectively in this world and in the world to come*
- *exemplify excellence in their lives, professions, and service to humanity, making a meaningful impact in today's diverse and ever-changing world.*
- *embark on a lifelong mission, spreading the everlasting gospel of health and salvation and the three angels' messages.*

Goals

In harmony with the mission and vision of Ouachita Hills College, these six Christ-centered goals guide the development of each student. Rooted in Scripture and inspired by the educational principles of Ellen G. White, they reflect our commitment to true education—the harmonious development of the spiritual, mental, physical, and practical powers. Through academic study, vocational training, ministry experience, and spiritual growth, students are prepared to become:

Goal 1 — Growing Christians

Growing Christians who cultivate a vibrant relationship with Jesus Christ and demonstrate Christlike character including integrity, servant leadership, and faithfulness in daily life.

Goal 2 — Committed Seventh-day Adventist Missionaries

Committed Seventh-day Adventist Missionaries who embrace and share the distinctive message and mission of the Seventh-day Adventist Church through evangelism, ministry, and service.

Goal 3 — Integrative Learners

Integrative Learners who recognize the Bible as the foundation of truth and thoughtfully apply biblical principles to learning, work, and daily decision-making.

Goal 4 — Investigative Thinkers

Investigative Thinkers who research responsibly, evaluate ideas with discernment, and reach biblically grounded conclusions that support lifelong spiritual and intellectual growth.

Goal 5 — Effective Communicators

Effective Communicators who express ideas clearly, respectfully, and confidently in written, spoken, and interpersonal communication.

Goal 6 — Well-Rounded and Resourceful Workers

Well-Rounded Workers who demonstrate a strong work ethic, initiative, personal responsibility, and practical skills necessary to be self-supporting while faithfully serving God and others.

Together, these goals reflect the purpose of true education:

- Know God — the foundation
- Serve the world — the mission
- Integrate truth — the method
- Think wisely — the discipline
- Communicate faithfully — the voice
- Work diligently — the hands

SECTION 1 – Daily Life

Residence Halls and Campus Life

“And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together...” Hebrews 10:24–25

At Ouachita Hills College (OHC), campus life is designed to encourage spiritual growth, Christian fellowship, and Christlike character. Scripture reminds us: Living and learning together provides valuable opportunities to develop unselfishness, responsibility, cooperation, and lasting friendships. OHC seeks to maintain a peaceful, uplifting, and spiritually minded campus environment where students can grow academically, practically, and spiritually.

Items to Bring

- Bible
- Personal Computer (Apple or PC)
- Paper
- Notebook
- Pencils/Pens

Textbooks

All students are responsible for buying their textbooks either online or off campus.

Residence Halls

Single students are generally housed in the campus residence halls. Most students will have roommates, assigned by the Residence Hall Dean. Private rooms may be considered when available.

Each room is furnished with:

- Twin bed and mattress
- Desk and chair
- Dresser

Residence halls also include a shared kitchen with:

- Refrigerator and freezer
- Stove and oven
- Microwave

Washers and dryers are provided in each of the dorms.

Students are responsible for the care of assigned furniture and residence hall property. OHC is not responsible for lost, stolen, or damaged personal belongings.

What to Bring

Students should bring:

- Bedding, pillows, sheets, and blankets
- Towels and washcloths
- Personal toiletries
- Study supplies and modest room organization items

Warm bedding is recommended because Arkansas winters can be cold.

Appropriate room decorations are welcome if they reflect the Christian values of OHC. Decorations should not damage walls or paint.

Items Not Permitted

- Candles or incense
- Personal air-conditioning units
- Video game devices
- Personal microwaves
- Mini refrigerators
- Other items deemed inappropriate by the dean.

Care of Housing

As Christian stewards, students are expected to help maintain a clean and orderly campus environment.

“Let all things be done decently and in order.” 1 Corinthians 14:40

Students are responsible for keeping their rooms, kitchens, and shared spaces neat and clean. Residence hall rooms may be inspected periodically by the deans or residence assistants (RAs). Every Friday, students join together to clean their rooms and common areas preparing the campus for the Sabbath.

Kitchen Courtesy

Students may use residence hall kitchen for personal use. Students should:

- Label personal food items
- Respect others' belongings
- Clean the kitchen after use
- Be considerate of shared cooking times

Food should only be eaten in designated dining or kitchen areas. Meat and caffeinated beverages are not permitted on campus.

Married Students and Living Exceptions

Off-campus living may be approved for:

- Married students
- Divorced or widowed students
- Single parents
- Children of off-campus faculty or staff

OHC does not provide married student housing.

Students approved for off-campus living are expected to:

- Attend morning worship on class days
- Attend Friday evening vespers
- Participate in closed weekends

Helpful Information for Residence Life

Attendance

OHC values faithfulness in worship, spiritual activities, and campus meetings.

Students are expected to attend:

- Morning and evening worship
- College meetings
- Required campus assemblies

Attendance is recorded. Students are allowed:

- 6 tardies or
- 3 absences per semester

*Two tardies equal one absence.

Students who demonstrate a pattern of tardiness may be asked to meet with the dorm dean to identify challenges and develop a practical plan for improvement. The student may be referred to the Student Success Committee. The goal of this process is to encourage personal responsibility, strengthen time-management skills, and support student success.

Schedule for General Meetings/Worship

Morning Worship (Auditorium)	7:45 am Monday, Tuesday, Thursday, Friday
Dorm Worship	6:45 pm Monday and Thursday
	TBD Sunday
College Meeting (Library)	6:45 pm Tuesday
Assembly (Auditorium)	7:45 am Wednesday
Prayer Meeting (Auditorium)	6:45 pm Wednesday
Vespers (Auditorium)	7:00 pm Friday
Sabbath Sundown Worship	TBA

Weekly evening tech-free/work-free schedule (Sunday – Sabbath)

To encourage healthy rest and a peaceful atmosphere:

- Lights out is at 9:30 pm each evening
- Quietness should be maintained in residence halls
- Common areas may remain open for quiet study if they do not disturb others
- Laundry machines should not be used before 6:00 am or after 9:00 pm
- Campus buildings close at 9:00 pm unless otherwise approved.

Leaving Campus

Students under 25 years of age must sign out when leaving campus and sign in upon return.

Overnight off-campus trips require permission from the dean before departure.

Social Visits and Guests

Social activities in residence halls with both male and female must:

- Be approved by the dorm dean
- Have a staff member present

Men and women are not permitted in the opposite residence hall living areas except during approved activities.

Overnight guests (same gender only) must be approved by the dorm dean in advance and are expected to follow campus standards.

Mail and Communication

Students may receive mail at:

Ouachita Hills College

46 Madison Way

Amity, AR 71921

Student mailboxes are assigned at the beginning of each semester. Packages are delivered to the Administration Building lobby.

Bicycles and Personal Transportation

Bicycles, scooters, skateboards, and similar non-motorized transportation may be used on campus sidewalks with care and respect for pedestrians.

Helmets are required.

OHC is not responsible for lost or damaged personal transportation items.

Pets and Animals

Pets are not permitted in residence halls.

Students should notify staff if stray animals are found on campus and should not feed wildlife or stray animals.

Breaks and Vacations

The academic year consists of two semesters:

- Fall Semester: August–December
- Spring Semester: January–May

Students may participate in summer canvassing and mission opportunities during summer break.

Check Out Protocol

Before leaving campus for breaks or the end of the school year, students must:

- Remove all personal belongings
- Clean their room and shared areas
- Complete a room check with the dean

Students who do not properly check out may receive additional charges.

College Break Lodging

If a student would like to stay in the dorm during any of these breaks: Thanksgiving, winter, spring or summer break, the fee will be \$50 per night. In some cases, if there is on campus work available, the student will be able to work 4 hours per day in exchange for lodging.

Those in OHC canvassing programs will be allowed 2 complimentary nights in the dorm and then will be charged \$50 per night thereafter.

Students staying on OHC campus during breaks must abide by all OHC's policies.

Personal Items During Summer Break

OHC offers rental storage totes for students wishing to store belongings during winter or summer breaks.

- Cost: \$20 per month per tote
- Payment must be made in advance
- Totes remain OHC property

Students participating in canvassing programs must still clean and empty their rooms before departure.

Campus Standards and Cooperation

“Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.” Philippians 2:3

OHC desires every student to enjoy a positive, Christ-centered campus experience. Students are expected to cooperate with residence hall staff, follow campus guidelines, and contribute to a respectful and spiritually uplifting environment. Consistent disregard for campus policies or spiritual responsibilities may affect leadership opportunities, scholarships, work programs, and future recommendations.

Academic Support

Students receiving a C-, D, F, or Incomplete (I) at mid-term or at the instructors discretion for any class may be asked to meet with the Student Success Committee to develop a plan for academic improvement and success. The committee exists to provide encouragement, accountability, and practical support to help students reach their educational goals.

Cell Phone Use

To promote attentiveness, professionalism, and respect for the learning and work environment, cell phones and other personal electronic devices should be silenced and put away during class periods and vocational work assignments. Phone use is not permitted during instructional or vocational time unless specifically authorized by the instructor or work supervisor for educational or work-related purposes.

Students are expected to give their full attention to classroom instruction, hands-on training, and assigned responsibilities. Repeated distraction, unauthorized phone use, or failure to comply with instructor or supervisor expectations may be asked to meet with the Student Support Committee.

Tuition and Finances

Student Tuition

Please visit <https://www.ohc.org/tuition-fees>

Graduation fees are an expense for graduates.

Student Scholarship

Please visit <https://www.ohc.org/financial-assistance>

SECTION 2 – Technology

Technology at OHC

“Whatsoever ye do, do all to the glory of God.” 1 Corinthians 10:31

Technology is a valuable tool for learning, communication, ministry preparation, creativity, and service. At Ouachita Hills College, we encourage students to use technology in ways that honor Christ, strengthen community, and support academic excellence.

Technology Use at OHC

OHC provides access to lab computers, internet access, software, and online services to support education and campus life. Students are encouraged to use these resources responsibly, respectfully, and in harmony with Christian values.

Students should:

- Protect usernames, passwords, and personal accounts
- Respect the privacy and work of others
- Use technology, media, and software legally and ethically
- Help maintain a safe and secure network environment
- Treat campus equipment with care
- Communicate online with courtesy and integrity

Unauthorized access, harmful software, attempts to bypass security systems, or misuse of campus technology are not permitted.

Internet, Email, and Social Media

OHC internet and email services are filtered and monitored to help maintain a safe and uplifting online environment. Students should avoid inappropriate or harmful content and use digital communication in ways that reflect Christlike character. Social media connected with OHC should support the mission, values, and reputation of the College.

Artificial Intelligence (AI) Use

Providing for honest things, not only in the sight of the Lord, but also in the sight of men. 2 Corinthians 8:21.

AI tools may be helpful for learning, research, organization, and creativity when used honestly and responsibly.

Test all things; hold fast what is good. 1 Thessalonians 5:21

Students should follow instructor expectations regarding AI use. Submitting AI-generated work as original work without permission or disclosure is considered academic dishonesty. Students are responsible for verifying the accuracy of AI-generated information and should never enter confidential or sensitive information into AI systems.

Accountability

OHC desires technology to be used in ways that strengthen learning, spiritual growth, and community life. Misuse of technology resources may result in loss of technology privileges, disciplinary action, financial responsibility for damages, or other appropriate action.

Questions regarding technology services or policies may be directed to the OHC IT Department.

SECTION 3 – Personal Life

Guarding the Body and Mind

“Be ye holy in all manner of conversation; because it is written, Be ye holy; for I am holy.” 1 Peter 1:15–16

At Ouachita Hills College, we believe true education includes the development of the mind, character, body, and spiritual life. God calls His people to pursue purity in thought, conduct, relationships, entertainment, and daily living.

“Those who would not fall a prey to Satan’s devices, must guard well the avenues of the soul... The mind must not be left to dwell at random upon every subject that the enemy of the soul may suggest.” *Acts of the Apostles*, p. 518

OHC seeks to cultivate a Christ-centered atmosphere where students are encouraged to develop discernment, self-control, godly friendships, and a deep relationship with Jesus.

Music

“Music was made to serve a holy purpose, to lift the thoughts to that which is pure, noble and elevating, and to awaken in the soul devotion and gratitude to God.” *Patriarchs and Prophets*, p. 594

Music has a powerful influence upon the mind and character. OHC encourages music that uplifts the thoughts, strengthens spiritual life, and reflects the character of Christ. Students are asked to be considerate of roommates, staff, and fellow students when listening to music. Earphones should be used whenever differing preferences arise or when others are studying. Students are expected to avoid music that conflicts with OHC’s spiritual values both on and off campus because some styles of music tend to encourage worldliness, sensuality, aggression, or emotional excess. This expectation is not intended merely as an external rule, but as an invitation to thoughtful Christian discernment. Students should evaluate their music choices by considering the lyrics, rhythm, associations, atmosphere, and influence of the music on their relationship with Christ and others. Music that weakens spiritual sensitivity, encourages inappropriate thoughts or behavior, or creates a spirit contrary to reverence, humility, and holiness should be avoided.

Dress and Appearance

OHC encourages modest, neat, and Christ-centered dress that reflects dignity, simplicity, and respect for God and others.

“Know ye not that your body is the temple of the Holy Ghost?” 1 Corinthians 6:19

Clothing should:

- Be clean, modest, and appropriate
- Reflect Christian principles
- Avoid extremes or unnecessary attention
- Maintain clear distinctions between male and female attire

General Guidelines

- Slogans and logos should reflect Christian values.
- Avoid jewelry and costly adornment.
- Hairstyles, makeup and appearance should reflect modesty and simplicity.
- Recreational attire should remain modest and appropriate.

MEN

Men are encouraged to wear neat, well-fitted clothing appropriate for classroom, ministry, church, and work settings, including collared shirts and conservative pants such as khakis, chinos, or other comparable dress-casual slacks.

WOMEN

Class Attire - Dresses and skirts should be modest in length (below the knee) and fit, allowing comfort and appropriate movement while reflecting Christian femininity.

CHURCH ATTIRE

Students are encouraged to dress respectfully and reverently for worship services. “Many need instruction as to how they should appear in the assembly for worship on the Sabbath. They are not to enter the presence of God in the common clothing worn during the week. All should have a special Sabbath suit, to be worn when attending service in God’s house.” Counsels for the Church p. 181

Entertainment and Recreation

“Whatsoever ye do, do all to the glory of God.” 1 Corinthians 10:31

OHC encourages healthy recreation, exercise, outdoor activities, and positive fellowship that strengthen the body, mind, and spiritual life.

Students are encouraged to participate in activities that:

- Promote teamwork and Christlike character
- Encourage self-control and balance
- Build healthy friendships
- Support physical and mental well-being

Recreation should never become harmful through competition, pride, aggressiveness, or distraction from spiritual priorities.

Relations and Christian Fellowship

“Avoid the appearance of evil.” 1 Thessalonians 5:22

OHC seeks to maintain an uplifting, honorable, and Christ-centered atmosphere in all relationships. Students are encouraged to build healthy Christian friendships while keeping their primary focus on spiritual growth, mission, and preparation for service. In all interactions, students should exercise good judgment, maintain appropriate boundaries, and carefully guard their conduct and appearance so that they are not misunderstood or perceived in a manner inconsistent with Christian principles.

Ellen White counseled that wisdom, maturity, age, and character should be considered in relationships and social interaction within Christian education.

Students are expected to:

- Show kindness, respect, and purity in all interactions
- Avoid exclusive or familiar relationships
- Refrain from spending time alone with a member of the opposite sex
- Maintain transparency, honesty, and Christian conduct both on and off campus

Students already in a relationship before enrollment are encouraged to speak openly with administration for guidance and counsel.

Handling Attraction Wisely

OHC recognizes that attraction is a natural part of life and encourages students to approach special relationships prayerfully, wisely, and spiritually.

Students are encouraged to:

1. Bring personal struggles and emotions to God in prayer
2. Seek wisdom and self-control through Scripture
3. Avoid gossip, drama, or emotional dependence
4. Build relationships on spiritual maturity and Christlike character
5. Seek counsel from parents, mentors, or staff when needed

Faculty and staff are available to encourage students in their spiritual walk and personal growth.

Avoiding Familiarity

Healthy Christian friendships are encouraged at OHC. At the same time, students are asked to avoid behaviors that may lead to unhealthy emotional attachment, or spiritual distraction.

Students should avoid:

- Flirting or exclusive attachment
- Inappropriate physical contact
- Intimate private communication
- Spending time alone together
- Emotional dependence or favoritism
- Avoid inside jokes, teasing, ribbing or banter or playful roasting.

The goal is not isolation, but the development of pure, balanced, Christ-centered friendships.

Courtship and Counsel

OHC recognizes that mature students may prayerfully consider courtship during their latter college years. Any courtship relationship must reflect spiritual maturity, mission-mindedness, openness to counsel, and respect for OHC principles.

The courtship approval process includes:

- Prayerful consideration
- Counsel with and approval of administration and mentors
- Spiritual and emotional readiness
- Academic and personal responsibility
- Parental involvement and transparency

The purpose of these guidelines is to encourage relationships that honor God and prepare students for future service and a fulfilling family life.

Foster Godly Relationships

“Blessed are the pure in heart: for they shall see God.” Matthew 5:8

God desires His children to experience purity, freedom, and victory through Jesus Christ. OHC seeks to encourage students toward:

- A strong devotional life
- Victory over harmful habits and impurity
- Honest accountability
- Christ-centered friendships
- Spiritual and emotional maturity

Fight of Faith

Given the high stakes sexual impurities plays on human lives scripture plainly says:

“But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for saints;” Ephesians 5:3

“It is the special work of Satan in these last days to take possession of the minds of youth, to corrupt the thoughts and inflame the passions...” *Child Guidance*, p. 440

Students are encouraged to place God first through daily prayer, Bible study, worship, and full surrender to Christ.

“Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory with exceeding joy.” Jude 24

“But seek ye first the kingdom of God...” Matthew 6:33

If you find yourself struggling with this impurity issue please talk with support staff or your dean

Biblical Sexuality

"Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body. What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye have of your own?" 1 Corinthians 6:18, 19

OHC upholds the Bible's teaching regarding sexual purity as it reflects the love, grace, and truth of Jesus Christ.

Students are expected to uphold biblical standards in conduct, relationships, speech, and lifestyle. OHC desires to provide spiritual encouragement, accountability, and support to every student seeking to walk faithfully with God.

Relationships with Ouachita Hills Academy (OHA) students

"For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's." 1 Corinthians 6:20

OHC students are encouraged to be positive spiritual influences and examples to academy students through kindness, fellowship, worship, work, and ministry.

Interactions with academy students should always:

- Reflect Christian maturity
- Respect academy policies
- Encourage spiritual growth
- Avoiding excessive communication and familiarity
- Maintain appropriate boundaries between genders (i.e. high fives, handshakes)

SECTION 4 – Soul Winning

“Go ye therefore, and teach all nations...” — Matthew 28:19

Christ’s final commission calls every believer to share the gospel with the world. At Ouachita Hills College, students are encouraged to develop a deep and personal relationship with Jesus Christ, then to go out and and share the gospel with others. OHC seeks to prepare students for a lifetime of ministry, mission service, and soul winning through personal devotion, spiritual fellowship, and practical outreach opportunities.

Receiving from Christ

Personal Devotional Life

“Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.” Matthew 4:4

A strong spiritual life begins with daily time spent with God. Before we can effectively share Christ with others, we must first receive from Him through:

- Prayer
- Bible study
- Meditation upon God’s Word
- Study of the Spirit of Prophecy

Just as the disciples first received bread from Jesus before feeding the multitude, students are encouraged to daily receive spiritual strength from Christ and then share His love with others.

Sabbath Observance

“The value of the Sabbath as a means of education is beyond estimate.” *Education*, pp. 250–251

The Sabbath is a special time set apart for worship, fellowship, rest, and communion with God. Students are encouraged to prepare for the Sabbath before Friday evening so they may fully enjoy its blessings and honor their Creator and Redeemer. During the Sabbath hours, students are asked to avoid secular entertainment, unnecessary work, shopping, business activities, and other distractions from the sacredness of the day.

Spiritual Life Activities

Closed Weekends

At certain times during the school year, Ouachita Hills College may designate a Closed Weekend for special spiritual emphasis programs, guest speakers, campus events, or other important occasions. During these weekends, students are expected to remain on campus and participate in scheduled activities, especially Sabbath programs, unless prior approval has been granted by the administration. Closed Weekends are intended to strengthen campus unity, spiritual growth, and student involvement in the life of the college.

Week of Prayer

In the fall and spring OHC hosts a Week of Prayer designed to strengthen spiritual life and encourage deeper commitment to Christ. Meetings may be held morning and evening throughout the week.

Faculty Home Vespers

Faculty and staff regularly open their homes for vespers and fellowship, providing students with opportunities for spiritual encouragement, mentorship, and Christian friendship.

Practical Ministry

"[E]ven as the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many." Matthew 20:28

OHC encourages students to actively engage in personal ministry as part of their spiritual growth and preparation for service. Opportunities may include Bible studies, community outreach, literature ministry, evangelism, visitation, music ministry, health outreach, mission projects, and other forms of Christian service. Students are encouraged to use their talents to bless others and share the love of Christ in practical ways. True Christian growth comes through serving others. OHC provides practical ministry opportunities that help students to grow spiritually, develop leadership, exhibit compassion, exercise faith, and gain experience in sharing the gospel.

Canvassing Ministry

Canvassing is one of the primary outreach ministries at OHC and provides students with practical experience in evangelism and personal ministry.

Canvassing offers opportunities to:

- Share Christ-centered literature
- Pray with individuals and families
- Develop communication and leadership skills
- Strengthen faith and dependence upon God

“Those who give evidence that they are truly converted, and who take up the canvassing work, will see that it is the best preparation for other lines of missionary labor.” *Colporteur Ministry*, p. 57

“All who want an opportunity for true ministry... will find in the canvassing work opportunities to speak upon many things that pertain to the future immortal life.” *Review and Herald*, November 7, 1899

All students participate in canvassing for three weeks during both the fall and spring semesters as part of their training program.

Additional opportunities may include:

- Summer canvassing programs
- December canvassing programs
- Spring break canvassing programs
- Sunday canvassing programs

Availability of these opportunities may vary from year to year.

Mission Trips

“Freely ye have received, freely give.” Matthew 10:8

Mission trips provide students with opportunities to serve Christ in a variety of settings while gaining valuable ministry experience.

Trip opportunities may vary from year to year. Interested students should apply through the designated sign-up process. Participation generally requires good academic, spiritual, and financial standing.

Students are responsible for raising the necessary support funds, and trips are supervised by OHA/OHC staff members.

Mission service provides students opportunities to grow in:

- Faith
- Sacrifice
- Teamwork
- Compassion
- Commitment to God’s calling

SECTION 5 - Campus Services, Student Safety, and Wellbeing

“Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.” 3 John 2

At OHC, we desire to provide a safe, uplifting, and Christ-centered environment where students can grow spiritually, academically, physically, and socially. Our goal is to support students in developing Christlike character, pursuing excellence, and preparing for service in God’s work.

Cafeteria

Three meals are served daily in the dining hall. Students may choose from several meal plan options depending on their housing status. Regular, nourishing meals are encouraged to support health and learning.

Meal plans — Dorm students have an option of a three-meal plan each day, a fourteen-meal plan per week, or a ten-meal plan per week. Those students that live off campus have the option to not have a meal plan or to have either of the three meal plans or pay per meal.

Breakfast — A good breakfast is strongly encouraged for health and well-being.

Serving times — Below is a schedule of mealtimes. Serving lines are open for approximately forty-five minutes.

Mon-Fri Breakfast	7:00 am
Mon-Fri Lunch	12:00 pm
Mon-Fri Supper	6:00 pm
Sat-Sun Breakfast	7:45 am
Sat-Sun Lunch	1:00 pm
Sat-Sun Supper	6:00 pm

Healthful Living

OHC promotes a simple, plant-based, whole-food diet as part of Christian education and healthy living.

“Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator...” *Ministry of Healing*, p. 296

To support this emphasis, meat products are not permitted on campus. Gluten-free and allergy-sensitive options are available at additional cost for students who notify the business office during registration.

Cafeteria Courtesy

Students are asked to help maintain a pleasant dining atmosphere by:

- Practicing cleanliness and good hygiene
- Taking reasonable portions
- Keeping noise at a reasonable level
- Cleaning personal eating areas
- Showing kindness and consideration to others and cafeteria workers

Library

The OHC Library, located in the Administration Building, offers resources in religion, education, health, missions, history, science, and more. Online resources and eBooks are available through the library website.

Library Information

- [Populi Library link](#)
- [OHC Library](#)

Students may check out up to six books for two weeks, with renewals available if materials are not in demand. Students are responsible for returning borrowed materials in good condition.

Offices

The Administration Building houses the college offices. Office equipment is reserved for school use. Basic first aid supplies are available in the front office, and staff members are available to assist students when needed.

Transportation

Students are responsible for arranging transportation to and from campus. Transportation to the Bill and Hillary Clinton National Airport and Memorial Field Airport may be arranged through the accountants office for a fee. Students are responsible for arranging transportation and fees.

College Days

Each fall, prospective students and families are invited to visit OHC for College Days. Guests attend classes, tour campus, meet students and staff, and experience campus life firsthand.

Students will receive a \$50 account credit for each potential student they invite who registers and attends College Days.

Student Grievance Process

“Moreover if thy brother shall trespass against thee, go and tell him his fault between thee and him alone...” Matthew 18:15

OHC encourages respectful, Christlike communication and seeks peaceful resolution of concerns whenever possible. Students are encouraged to first address concerns directly and graciously with the individuals involved. If resolution is not reached, concerns may be submitted to the Student Success Committee.

Student Safety and Emergency Preparedness

Emergency evacuation plans are posted throughout campus buildings, and regular drills are conducted to help students prepare for emergencies..

Fire and Tornado Safety

- In the event of fire, evacuate immediately and notify staff or call 911.
- During tornado warnings, students should seek shelter in the basement of the cafeteria.

Health and Wellness

Health Insurance and Vaccinations

Students are responsible for maintaining health insurance coverage. Arkansas state requirements regarding MMR vaccinations must be fulfilled or exemption forms completed through the registrar’s office.

Illness and Injury

Students who become ill or injured should notify their dean promptly. Students with contagious symptoms should avoid contact with others and follow guidance regarding classes and work responsibilities.

Mental Health Support

“Cast thy burden upon the Lord, and he shall sustain thee.” Psalm 55:22

OHC recognizes the importance of emotional and mental wellbeing. Students experiencing stress, anxiety, depression, loneliness, or personal difficulties are encouraged to speak with their dean for support and guidance toward appropriate resources.

Harassment, Abuse, and Respect for Others

OHC is committed to maintaining a safe, respectful, and Christ-centered campus environment. Harassment, abuse, bullying, hazing, sexual harassment, and all forms of misconduct are strictly prohibited.

Any student who witnesses or experiences inappropriate behavior should report it immediately to the college president. Reports will be handled carefully, ethically, and in accordance with applicable laws and school policies.

Drugs, Alcohol, and Harmful Substances

“Know ye not that your body is the temple of the Holy Ghost...” 1 Corinthians 6:19
OHC promotes a lifestyle that honors God and supports physical and spiritual health. The use of alcohol, illegal drugs, tobacco, vaping products, intoxicants, and misuse of prescription drugs is prohibited.

Students seeking help in overcoming substance-related struggles are encouraged to speak confidentially with their dean for guidance and support.

Personal Safety and Campus Security

Theft, vandalism, violent behavior, and possession of weapons are prohibited on campus. Any criminal or threatening behavior should be reported immediately to staff or law enforcement.

Active Threat Situations

In dangerous situations, students should follow the “Run, Hide, Fight” principle:

- **Run** if safely possible
- **Hide** if evacuation is not possible
- **Fight** only as a last resort to protect life (to disable, not to kill)

Emergency services should be contacted as soon as safely possible.

Hunting Season

As part of country living, hunting season (normally between October and December) takes place annually in the surrounding area. During this time, students are encouraged to use extra caution when walking or biking outdoors, especially near wooded areas and during twilight or dusk.

For safety, students traveling off campus on foot or by bicycle should wear a bright orange jacket and hat so they are clearly visible to hunters.

For additional information regarding Arkansas hunting seasons, visit the [Arkansas Game and Fish Commission](#).

Photo Release

By enrolling at OHC, students grant permission for photographs or videos taken during school activities to be used by the college for educational or promotional purposes.

Discipline and Student Conduct

“As many as I love, I rebuke and chasten: be zealous therefore, and repent.”

Revelation 3:19

OHC seeks to guide students in a redemptive and Christ-centered manner. Students whose conduct seriously conflicts with the principles and policies of the college may be subject to disciplinary review.

Whenever possible, OHC desires restoration, growth, and reconciliation while maintaining the safety and wellbeing of the campus community.

Incident Reporting

Students are encouraged to address concerns directly and respectfully whenever possible. If a matter cannot be resolved personally or assistance is needed, students should report concerns to a staff member so that appropriate support and resolution may be provided.

****This handbook is subject to change without prior notice.***

****Students are encouraged to review this handbook prior to each semester***